

Fraser Valley Academy of Dance
Class Schedule 2018-19

Monday			Tuesday			Wednesday		
Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C
		10:00 - 10:45 Pre-School 1 -2 Dance Miss Seira			10:00 - 10:45 Pre-School 1 -2 Dance Miss Seira			10:00 - 10:45 Pre-School 1 Dance Miss Seira
								10:45 - 11:30 Pre-School 2 Dance Miss Seira
	1:00 - 2:30 Academy Ballet Technique Mr Carney			1:00 - 2:30 Academy Ballet Technique Miss Stephana			1:00 - 2:30 Academy Ballet Technique Ms Lavrova	
2:30 - 3:30 Academy Boys' Virtuosity Mr Carney	2:30 - 3:30 Academy Repertoire Mr Reid		2:30 - 3:30 Academy Musical Theatre Miss Kayla	2:30 - 3:30 Academy Individual Coaching Miss Stephana		2:30 - 3:30 Academy Boys' Variations Mr Carney	2:30 - 3:30 Academy I-III Pointe + Variations Ms Lavrova	
3:45-4:15 Boys' Ballet II Ages 10-14 Mr Carney	3:45 - 5:15	3:45 - 4:45 Ballet 1a Ballet Miss Seira	3:45 - 4:45 Musical Theatre Primary (5-7 yrs) Miss Kayla	3:45 - 5:15 Ballet Senior	3:45-4:45 Ballet 2a Miss Seira	3:45 - 4:45 Ballet 1a Miss Seira	3:45 - 4:45 Private Coaching Mr Carney	3:45 - 4:45 Russian Vaganova Ballet 3-4 Ms Lavrova
4:15 - 5:15 Ballet 5-6 Mr Carney	Ballet Int Fnd Mr Reid	4:45 - 5:45 Ballet Pre-Primary Miss Seira	4:45-5:45 Musical Theatre I (7-9 yrs) Miss Kayla	Miss Stephana 5:15 - 6:45 Pointe & Variations Senior	4:45 - 5:45 Ballet Primary Miss Seira	4:45 - 5:45 Conditioning 1-2 Miss Seira	4:45 - 6:15 Ballet Int Fnd Mr Carney	4:45 - 5:45 Russian Vaganova Ballet 4-5 Ms Lavrova
5:15-5:45 Boys' Ballet I Ages 6-10 Mr Carney	5:15 - 6:45 Ballet Int-Adv Mr Reid	5:45 - 6:45 Ballet Primary Miss Seira	5:45 - 6:45 Musical Theatre II (10-12 yrs) Miss Kayla	Miss Stephana 6:45 - 7:45 Modern-Jazz Senior Miss Kayla	5:45 - 6:45 Modern-Jazz 3-4 Miss Seira	5:45 - 6:45 Ballet 2b Miss Seira		
5:45-6:45 Contemporary Ballet 4-5 Mr Carney	6:45 - 7:45 Ballet 4a Mr Carney	6:45 - 7:45 Ballet 2a Miss Seira	6:45 - 7:45 Modern-Jazz Senior Miss Kayla		6:50 - 7:50 Ballet 3 Miss Seira			
6:45 - 7:45 Conditioning 5-6 Mr Reid								

Fraser Valley Academy of Dance
Class Schedule 2018-19

Thursday			Friday			Saturday		
Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C
	1:00 - 2:30 Academy Ballet Technique Mr Reid			1:00 - 2:30 Academy Ballet Technique Miss Seira		9:00 - 10:00 Ballet Primary Miss Seira	9:00 - 10:00 Pre-Professional Coaching II Mr Carney	9:00 - 9:45 Pre-School 1 Dance Miss Amanda
2:30 - 3:30 Academy Pas de Deux Mr Reid	2:30 - 3:30 Academy Individual Coaching Mr Carney		2:30 - 3:30 Academy Individual Coaching Mr Carney	2:30 - 3:30 Academy Repertoire Miss Seira		10:00 - 11:00 Ballet 1b Miss Seira	10:00 - 11:30 Contemporary Dance Senior Miss Stephana	9:45-10:30 Pre-School 2 Dance Miss Amanda 10:30-11:30 Ballet Pre-Primary Miss Amanda
						11:00 - 12:00 National Folk Dance 1-2 Miss Seira	11:30 - 12:30 Conditioning Senior Miss Stephana	
						12:00 - 1:00 Ballet 2b Miss Seira		12:00 - 1:00 Private Coaching Mr Carney
						1:00 - 2:00 Private Coaching Miss Seira		
3:45 - 4:45 Conditioning 3-4 Mr Reid	3:45 - 5:00 Contemporary Ballet Senior Mr Carney	3:45 - 4:45 Ballet Primary Miss Seira	3:45 - 4:45 Jr Musicals - Chorus (8-11 yrs) Mr McCune	3:45 - 4:45 Sr Musicals - Acting! (12+ yrs) Miss Kayla	3:45-4:30 Pre-School 1 Dance Miss Amanda			
4:50 - 5:50 Ballet 3 Mr Reid	5:00 - 6:30 Ballet Senior Mr Carney	4:45 - 5:45 Modern-Jazz 4-5 Miss Seira	4:45 - 5:45 Sr Musicals - Chorus (12+ yrs) Mr McCune	4:45 - 5:30 Jr Musicals - Acting (8-11 yrs) Miss Kayla	4:30 - 5:15 Pre-School 2 Dance Miss Amanda			
			SR DINNER BREAK	JR DINNER BREAK	5:15 - 6:15 Ballet Pre-Primary Miss Seira			
6:00 - 7:00 Ballet 5-6 Mr Reid		5:45 - 6:45 Ballet 4b Miss Seira	6:00 - 7:00 Pre-Professional Coaching I Mr Carney	5:45-7:30 Jr-Sr Musicals - Showtime! Miss Kayla / Mr McCune	6:15-7:15 Ballet 1b Miss Seira			
7:15 - 8:15 Ballet Adult Open Mr Carney	7:00 - 8:00 Variations / Pointe 5-6 Miss Seira		7:15 - 8:15 Ballet 4b Miss Seira	7:30-8:15 Sr Musicals - Choreography (12+ yrs) Miss Kayla			1:15 - 3:15 Rehearsals Mr Carney	