

Fraser Valley Academy of Dance  
Class Schedule 2018-19

Monday			Tuesday			Wednesday		
Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C
		10:00 - 10:45 Pre-School 1 -2 Dance Miss Seira			10:00 - 10:45 Pre-School 1 -2 Dance Miss Seira			10:00 - 10:45 Pre-School 1 Dance Miss Seira
								10:45 - 11:30 Pre-School 2 Dance Miss Seira
	1:00 - 2:30 Academy Ballet Technique Mr Carney			1:00 - 2:30 Academy Ballet Technique Miss Stephana		1:00 - 2:00 Private Coaching Mr Carney	1:00 - 2:30 Academy Ballet Technique Ms Lavrova	
2:30 - 3:30 Academy Boys' Virtuosity Mr Carney	2:30 - 3:30 Academy Repertoire Mr Reid		2:30 - 3:30 Academy Individual Coaching Miss Stephana	2:30 - 3:30 Academy Musical Theatre Miss Kayla		2:30 - 3:30 Academy Boys' Variations Mr Carney	2:30 - 3:30 Academy I-III Pointe + Variations Ms Lavrova	
3:45-4:15 Boys' Ballet II Ages 10-14 Mr Carney 4:15 - 5:15 Ballet 5-6 Mr Carney 5:15 - 6:45 Ballet Int-Adv Mr Reid 6:45 - 7:45 Conditioning 5-6 Mr Reid	3:45 - 5:15 Ballet Int Fnd Mr Reid 5:15-5:45 Boys' Ballet I Ages 6-10 Mr Carney 5:45-6:45 Contemporary Ballet 4-5 Mr Carney 6:45 - 7:45 Ballet 4a Mr Carney	3:45 - 4:45 Ballet 1a Ballet Miss Seira 4:45 - 5:45 Ballet Pre-Primary Miss Seira 5:45 - 6:45 Ballet Primary Miss Seira 6:45 - 7:45 Ballet 2a Miss Seira	3:45 - 4:45 Musical Theatre Primary (5-7 yrs) Miss Kayla 4:45-5:45 Musical Theatre I (7-9 yrs) Miss Kayla 5:50 - 6:50 Modern-Jazz 3-4 Miss Seira 7:00 - 8:00 Ballet 3 Miss Seira	3:45 - 5:15 Ballet Senior Miss Stephana 5:15 - 6:45 Pointe & Variations Senior Miss Stephana 7:00 - 8:00 Modern-Jazz Senior Miss Kayla	3:45-4:45 Ballet 2a Miss Seira 4:45 - 5:45 Ballet Primary Miss Seira 5:50 - 6:50 Musical Theatre II (10-12 yrs) Miss Kayla	3:45 - 4:45 Ballet 1a Miss Seira 4:45 - 5:45 Conditioning 1-2 Miss Seira 5:45 - 6:45 Ballet 2b Miss Seira	3:45 - 4:45 Russian Vaganova Ballet 5-6 Ms Lavrova 4:45 - 6:15 Ballet Int Fnd Mr Carney 6:15 - 6:45 Ballet 2b Mr Carney	3:45 - 4:45 National Folk Dance 3-4 Mr Carney 4:50 - 5:50 Russian Vaganova Ballet 3-4 Ms Lavrova

Fraser Valley Academy of Dance  
Class Schedule 2018-19

Thursday			Friday			Saturday		
Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C
	1:00 - 2:30 Academy <b>Ballet Technique</b> Mr Reid			1:00 - 2:30 Academy <b>Ballet Technique</b> Miss Seira		9:00 - 10:00 <b>Ballet Primary</b> Miss Seira	9:00 - 10:00 <b>Pre-Professional Coaching II</b> Mr Carney	9:00 - 9:45 <b>Pre-School 1 Dance</b> Miss Amanda
2:30 - 3:30 Academy <b>Individual Coaching</b> Mr Carney	2:30 - 3:30 Academy <b>Pas de Deux</b> Mr Reid		2:30 - 3:30 Academy <b>Individual Coaching</b> Mr Carney	2:30 - 3:30 Academy <b>Repertoire</b> Miss Seira		10:00 - 11:00 <b>Ballet 1b</b> Miss Seira	10:00 - 11:30 <b>Contemporary Dance Senior</b> Miss Stephana	9:45-10:30 <b>Pre-School 2 Dance</b> Miss Amanda
						11:00 - 12:00 <b>National Folk Dance 1-2</b> Miss Seira	11:30 - 12:30 Conditioning Senior Miss Stephana	10:30-11:30 <b>Ballet Pre-Primary</b> Miss Amanda
						12:00 - 1:00 <b>Ballet 2b</b> Miss Seira		12:30 - 1:30 <b>Private Coaching</b> Mr Carney
3:45 - 4:45 <b>Conditioning 3-4</b> Mr Reid	3:45 - 5:00 <b>Contemporary Ballet Senior</b> Mr Carney	3:45 - 4:45 <b>Ballet Primary</b> Miss Seira	3:45 - 4:45 <b>Jr Musicals - Chorus (8-11 yrs)</b> Mr McCune	3:45 - 4:45 <b>Sr Musicals - Acting! (12+ yrs)</b> Miss Kayla	3:45-4:30 <b>Pre-School 1 Dance</b> Miss Amanda			
4:50 - 5:50 <b>Ballet 3</b> Mr Reid		4:45 - 5:45 <b>Modern-Jazz 4-5</b> Miss Seira	4:45 - 5:45 <b>Sr Musicals - Chorus (12+ yrs)</b> Mr McCune	4:45 - 5:30 <b>Jr Musicals - Acting (8-11 yrs)</b> Miss Kayla	4:30 - 5:15 <b>Pre-School 2 Dance</b> Miss Amanda			
	5:15 - 6:45 <b>Ballet Senior</b> Mr Carney	5:45 - 6:45 <b>Ballet 4b</b> Miss Seira	SR DINNER BREAK	JR DINNER BREAK	5:15 - 6:15 <b>Ballet Pre-Primary</b> Miss Seira			
6:00 - 7:00 <b>Ballet 5-6</b> Mr Reid			6:00 - 7:00 <b>Pre-Professional Coaching I</b> Mr Carney	5:45-7:30 <b>Jr-Sr Musicals - Showtime!</b> Miss Kayla / Mr McCune	6:15-7:15 <b>Ballet 1b</b> Miss Seira			
7:00 - 8:00 <b>Pre-Pointe 5</b> Miss Seira	7:15 - 8:15 <b>Ballet Adult Open</b> Mr Carney	7:00 - 8:00 <b>Variations / Pointe 6</b> Mr Reid	7:15 - 8:15 <b>Ballet 4b</b> Miss Seira	7:30-8:15 <b>Sr Musicals - Choreography (12+ yrs)</b> Miss Kayla				