

## Conditioning-Jazz 3

## Information Sheet

**Description:** Conditioning-Jazz 3 students learn how to increase flexibility and strength to improve dance quality, as appropriate for their age and level. This awareness is essential for injury prevention as students progress in their training. Students will also learn elements of high-energy jazz. Students will perform in jazz at the Clarke Theatre in June. Costumes are always provided for free at our Academy!

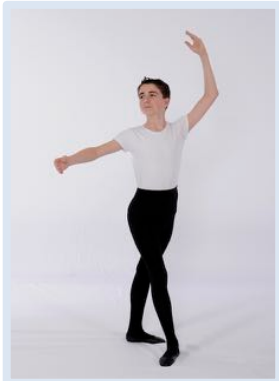


### Dress Code (girls):

- Teal Camisole leotard with Black Shorts
- Ballet Pink Tights
- Black jazz shoes
- Ballet Bun

### Dress Code Notes:

- All items available for purchase at FVAD.
- If purchasing elsewhere, refer to Dress Codes – Approved Brands.
- No hair accessories - optional navy blue bun cover and hair band.



### Dress Code (boys):

- White Short-sleeved t-shirt or leotard
- Black Shorts or Ballet Tights
- Black jazz shoes
- Ankle socks matching shoe colour

### Class Information

- **Pre-Requisite:** Enrolled in Ballet 3
- **Age:** 8+ years
- **Class Duration:** 1 hour
- **Class Frequency:** 1 class per week
- **Session Duration:** September to June (new registrations accepted until December)

### Payments & Policies

- **Tuition:** Visit the school website or contact the school office for current class fees.
- **Registration Fee:** Annual, non-refundable fee per student, due upon registration.
- **Payments:** Payments monthly in advance by automatic credit card processing (Visa, Mastercard), Bank Withdrawal or Post-dated cheques. Sibling discounts. Pre-payments must be in place prior to attending class, and to secure enrollment.
- **Cancellation:** Full refund if cancellation form received within 10 days of enrollment, excluding classes taken, otherwise a 30-day notice period is required. Cancellation forms are available on the school website.

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Please refer to the school website [www.fvad.ca](http://www.fvad.ca) or the school office for all of the latest school policies.

