

# Class Schedule 2022-23

## Sep 2022 to Jun 2023

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		
	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	
	Miss Sarah	Mr Carney	Miss Ana	Mr Carney	Miss Sarah	Miss Ana	Miss Ana	Mr Carney	Miss Ana	Mr Carney	Miss Sarah	Miss Ana	
			Miss Sarah								9:00 AM	9:00-10:00	9:00-10:00
9:30 AM	9:30-10:00		9:30-10:00								9:15 AM	Ballet Prep	Adult
9:45 AM	Mom & MeDance (Ages 2-3)		Mom & MeDance (Ages 2-3)								9:30 AM	(Ages 4-5)	Dance Fit
10:00 AM	10:00-10:45		10:00-10:45								9:45 AM	Miss Sarah	Ms Ana
10:15 AM	Pre-School Dance (Ages 3-5)		Pre-School Dance (Ages 3-5)								10:00 AM	10:00-11:00	10:00-11:00
10:30 AM											10:15 AM	Ballet 2b	Ballet 4b
											10:30 AM		
											10:45 AM	Miss Sarah	Ms Ana
3:30 PM	3:30-4:30		3:30-4:30	3:30-4:30	3:30-4:30	3:30-4:30	3:30-4:30	3:30-4:30	3:30-4:30		11:00 AM	11:00-12:00	11:00-12:00
3:45 PM	Ballet 1a		Private	Academy 4	Ballet 2a	Ballet 4a	Youth Ballet II (ages 12+)		National 3		11:15 AM	Ballet 1 Fnd	Conditioning
4:00 PM			Ms Ana	Mr Carney	Miss Sarah	Ms Ana	Miss Ana		Ms Ana		11:30 AM	(Ages 5-6)	B2-4
4:15 PM	Miss Sarah		4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30	11:45 AM	Miss Sarah	Ms Ana
4:30 PM	4:30-5:30		National 4	Ballet 7-9	Jazz + Stretch 2	Modern-Jazz 3-4	Ballet 5-6	Ballet 7-8	PBT Conditioning B4-6	Academy 3	12:00 PM	12:00-1:00	12:00-1:00
4:45 PM	Jazz+Stretch 1		Ms Ana	Mr Carney	Miss Sarah	Ms Ana	Ms Ana	Mr Carney	Ms Ana	Mr Carney	12:15 PM	Lyrical 4-6	Ballet 3b
5:00 PM			5:30-6:30	5:30-6:30	5:30-6:30	5:30-6:30	5:30-6:30	5:30-6:30	5:30-6:30		12:30 PM		
5:15 PM	Miss Sarah		Pointe B [B8-9]	Ballet 5-6	Triumph I Ballet + Modern	Ballet 3a	Pointe A [B5-7]	Boys' I Coaching	PBT Conditioning B7-11		12:45 PM	Miss Sarah	Ms Ana
5:30 PM	5:30-6:30	5:30-6:30	Ms Ana	Mr Carney	Miss Sarah	Ms Ana	Ms Ana	Mr Carney	Ms Ana	Mr Carney	1:00 PM	1:00-2:00	1:00-2:00
5:45 PM	Ballet 1 Fnd (Ages 5-6)	Academy 5-6	6:30-7:30	6:30-7:30	6:30-8:00	6:30-7:30	6:30-7:30	6:30-7:30	6:30-7:30	6:30-7:30	1:15 PM	Ballet 1b	Modern
6:00 PM			PBT Conditioning B5-8	Academy 10-11	Triumph II Ballet + Modern	Ballet 8-10	Modern 10-11	Boys' II Coaching	Contemporary 10-11	Ballet 7-9	1:30 PM		
6:15 PM	Miss Sarah	Mr Carney	Ms Ana	Mr Carney	Miss Sarah	Ms Ana	Ms Ana	Mr Carney	Ms Ana	Mr Carney	1:45 PM	Miss Sarah	Ms Ana
6:30 PM	6:30-7:30	6:30-7:30	7:30-8:30	7:30-8:30	8:00-9:30	Pointe C [B8-10]	Ballet 10-11b		7:30-8:30	7:30-8:30	2:00 PM	2:00-3:00	2:00-3:00
6:45 PM	Modern-Jazz 5-6	Academy 7-9	Contemp 5-6	Ballet 10-11a	Triumph III Ballet + Modern	Ms Ana	Miss Ana		Contemp 7-9	Ballet 10-11c	2:15 PM	Youth Ballet I (ages 9+)	Ballet 9-11
7:00 PM			Ms Ana	Mr Carney	Miss Sarah	8:30-9:30	8:30-9:30		Ms Ana	Mr Carney	2:30 PM		
7:15 PM	Miss Sarah	Mr Carney	Adult Ballet Beg/Elem		Miss Sarah	Ms Ana	Ms Ana		Ms Ana	Mr Carney	2:45 PM	Miss Sarah	Mr Carney
7:30 PM	7:30-8:30		Ms Ana	Mr Carney	8:00-9:30	Pointe E [B10-11]	8:30-9:30		Ms Ana	Mr Carney	3:00 PM		
7:45 PM	Lyrical 7-11										3:15 PM		
8:00 PM											3:30 PM		
8:15 PM	Miss Sarah										3:45 PM		
8:30 PM													
8:45 PM													
9:00 PM													
9:15 PM													
9:30 PM													