

Class Schedule 2022-23

Sep 2022 to Jun 2023

	Monday		Tuesday		Wednesday		Thursday		Friday			Saturday	
	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B		Studio A	Studio B
	Miss Sarah	Mr Carney	Miss Ana	Mr Carney	Miss Sarah	Miss Ana	Miss Ana	Mr Carney	Miss Ana	Mr Carney		Miss Sarah	Miss Ana
9:30 AM	9:30-10:00		Miss Sarah								9:00 AM	9:00-10:00	9:00-10:00
9:45 AM	Mom & MeDance (Ages 2-3)		Mom & MeDance (Ages 2-3)								9:15 AM	Ballet Prep (Ages 4-5)	Adult Dance Fit
10:00 AM	10:00-10:45		10:00-10:45								9:30 AM	Miss Sarah	Ms Ana
10:15 AM	Pre-School Dance (Ages 3-5)		Pre-School Dance (Ages 3-5)								9:45 AM	Miss Sarah	Ms Ana
10:30 AM											10:00 AM	10:00-11:00	10:00-11:00
											10:15 AM	Ballet 2b	Ballet 4b
3:30 PM	3:30-4:30		3:30-4:30		3:30-4:30	3:30-4:30	3:30-4:30				10:30 AM		
3:45 PM	Jazz+Stretch 1		Modern 7-9	Academy 4	Ballet 2a	Ballet 4a	Youth Ballet II (ages 12+)				10:45 AM	Miss Sarah	Ms Ana
4:00 PM											11:00 AM	11:00-12:00	11:00-12:00
4:15 PM	Miss Sarah										11:15 AM	Ballet 1 Fnd (Ages 5-6)	Conditioning B2-4
4:30 PM	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30	11:30 AM	Miss Sarah	Ms Ana
4:45 PM	Ballet 1a	Ballet 9-11	National 4	Ballet 7-9	Jazz + Stretch 2	Modern-Jazz 3-4	Ballet 5-6	Ballet 7-8	PBT Conditioning B4-6	Academy 3	11:45 AM	Miss Sarah	Ms Ana
5:00 PM											12:00 PM	12:00-1:00	12:00-1:00
5:15 PM	Miss Sarah	Mr Carney									12:15 PM	Lyrical 4-6	Ballet 3b
5:30 PM	5:30-6:30	5:30-6:30	5:30-6:30	5:30-6:30	5:30-6:30	5:30-6:30	5:30-6:30	5:30-6:30	5:30-6:30		12:30 PM		
5:45 PM	Ballet 1 Fnd (Ages 5-6)	Academy 5-6	Pointe B [B8-9]	Ballet 5-6	Triumph I Ballet + Modern	Ballet 3a	Pointe A [B5-7]	Boys' I Coaching	PBT Conditioning B7-11		12:45 PM	Miss Sarah	Ms Ana
6:00 PM											1:00 PM	1:00-2:00	1:00-2:00
6:15 PM	Miss Sarah	Mr Carney									1:15 PM	Ballet 1b	Ballet 9-11
6:30 PM	6:30-7:30	6:30-7:30	6:30-7:30	6:30-7:30	6:30-8:00	6:30-7:30	6:30-7:30	6:30-7:30	6:30-7:30	6:30-7:30	1:30 PM		
6:45 PM	Modern-Jazz 5-6	Academy 7-9	PBT Conditioning B5-8	Academy 10-11	Triumph II Ballet + Modern	Ballet 8-10	Modern 10-11	Boys' II Coaching	Contemporary 10-11	Ballet 7-9	1:45 PM	Miss Sarah	Mr Carney
7:00 PM											2:00 PM	2:00-3:00	2:00-3:00
7:15 PM	Miss Sarah	Mr Carney									2:15 PM	Youth Ballet I (ages 10+)	Academy Youth Co
7:30 PM	7:30-8:30		7:30-8:30	7:30-8:30							2:30 PM		
7:45 PM	Lyrical 7-11		Contemp 5-6	Ballet 10-11a							2:45 PM	Miss Sarah	Mr Carney
8:00 PM											3:00 PM		
8:15 PM	Miss Sarah				Triumph III Ballet + Modern	Pointe C [B8-10]	Ballet 10-11b		Contemp 7-9	Ballet 10-11c	3:15 PM		
8:30 PM			8:30-9:30								3:30 PM		
8:45 PM			Adult Ballet Beg/Elem								3:45 PM		
9:00 PM													
9:15 PM													
9:30 PM					Miss Sarah	Adult Ballet Int/Adv	Pointe E [B10-11]						