

# Class Schedule 2022-23

## Sep 2022 to Jun 2023

|          | Monday                         |             | Tuesday                        |               | Wednesday                   |                 | Thursday                   |                   | Friday                 |               |          | Saturday                  |                    |
|----------|--------------------------------|-------------|--------------------------------|---------------|-----------------------------|-----------------|----------------------------|-------------------|------------------------|---------------|----------|---------------------------|--------------------|
|          | Studio A                       | Studio B    | Studio A                       | Studio B      | Studio A                    | Studio B        | Studio A                   | Studio B          | Studio A               | Studio B      |          | Studio A                  | Studio B           |
|          | Miss Sarah                     | Mr Carney   | Miss Ana                       | Mr Carney     | Miss Sarah                  | Miss Ana        | Miss Ana                   | Mr Carney         | Miss Ana               | Mr Carney     |          | Miss Sarah                | Miss Ana           |
| 9:30 AM  | 9:30-10:00                     |             | Miss Sarah                     |               |                             |                 |                            |                   |                        |               | 9:00 AM  | 9:00-10:00                | 9:00-10:00         |
| 9:45 AM  | Mom & MeDance<br>(Ages 2-3)    |             | Mom & MeDance<br>(Ages 2-3)    |               |                             |                 |                            |                   |                        |               | 9:15 AM  | Ballet Prep<br>(Ages 4-5) | Adult<br>Dance Fit |
| 10:00 AM | 10:00-10:45                    |             | 10:00-10:45                    |               |                             |                 |                            |                   |                        |               | 9:30 AM  | Miss Sarah                | Ms Ana             |
| 10:15 AM | Pre-School Dance<br>(Ages 3-5) |             | Pre-School Dance<br>(Ages 3-5) |               |                             |                 |                            |                   |                        |               | 9:45 AM  | Miss Sarah                | Ms Ana             |
| 10:30 AM |                                |             |                                |               |                             |                 |                            |                   |                        |               | 10:00 AM | 10:00-11:00               | 10:00-11:00        |
| 3:30 PM  | 3:30-4:30                      |             | 3:30-4:30                      |               |                             |                 |                            |                   |                        |               | 10:15 AM | Ballet 1-2b               | Ballet 4b          |
| 3:45 PM  | Jazz 1-2                       |             | Modern 6-9                     | Academy 4     | Ballet Prep (Ages 4-5)      | Ballet 4a       | Youth Ballet II (ages 12+) |                   |                        |               | 10:30 AM |                           |                    |
| 4:00 PM  |                                | 4:00-5:30   | Ms Ana                         | Mr Carney     | Miss Sarah                  | Ms Ana          | Ms Ana                     |                   |                        |               | 10:45 AM | Miss Sarah                | Ms Ana             |
| 4:15 PM  | Miss Sarah                     | Ballet 9-11 | 4:30-5:30                      | 4:30-5:30     | 4:30-5:30                   | 4:30-5:30       | 4:30-5:30                  | 4:30-5:30         | 4:30-5:30              | 4:30-5:30     | 11:00 AM | 11:00-12:00               | 11:00-12:00        |
| 4:30 PM  | 4:30-5:30                      |             | National 4                     | Ballet 7-9    | Ballet 1-2a                 | Modern-Jazz 3-4 | Ballet 5-6                 | Ballet 7-8        | PBT Conditioning B6-11 | Academy 3     | 11:15 AM | Ballet 1 Fnd (Ages 5-6)   | Conditioning B2-4  |
| 4:45 PM  | Ballet 1+2a                    |             | Ms Ana                         | Mr Carney     | Miss Sarah                  | Ms Ana          | Ms Ana                     | Mr Carney         | Ms Ana                 | Mr Carney     | 11:30 AM | Miss Sarah                | Ms Ana             |
| 5:00 PM  |                                |             | 5:30-6:30                      | 5:30-6:30     | 5:30-6:30                   | 5:30-6:30       | 5:30-6:30                  | 5:30-6:30         | 5:30-6:30              |               | 11:45 AM | Miss Sarah                | Ms Ana             |
| 5:15 PM  | Miss Sarah                     | Mr Carney   | Pointe B                       | Ballet 5-6    | Triumph I Ballet + Modern   | Ballet 3a       | Pointe A                   | Boys' I Coaching  | Ballet 7               |               | 12:00 PM | 12:00-1:00                | 12:00-1:00         |
| 5:30 PM  | 5:30-6:30                      | 5:30-6:30   | Ms Ana                         | Mr Carney     | Miss Sarah                  | Ms Ana          | Ms Ana                     | Mr Carney         | Ms Ana                 | Mr Carney     | 12:15 PM | Lyrical 4-6               | Ballet 3b          |
| 5:45 PM  | Ballet 1 Fnd (Ages 5-6)        | Academy 5-6 | 6:30-7:30                      | 6:30-7:30     | 6:30-8:00                   | 6:30-8:00       | 6:30-7:30                  | 6:30-7:30         | 6:30-7:30              | 6:30-7:30     | 12:30 PM |                           |                    |
| 6:00 PM  |                                |             | PBT Conditioning B5-8          | Academy 10-11 | Triumph II Ballet + Modern  | Ballet 8-10     | Modern 8-11                | Boys' II Coaching | Contemporary 10-11     | Ballet 8-9    | 12:45 PM | Miss Sarah                | Ms Ana             |
| 6:15 PM  | Miss Sarah                     | Mr Carney   | Ms Ana                         | Mr Carney     | Miss Sarah                  | Ms Ana          | Ms Ana                     | Mr Carney         | Ms Ana                 | Mr Carney     | 1:00 PM  | 1:00-2:00                 | 1:00-2:00          |
| 6:30 PM  | 6:30-7:30                      | 6:30-7:30   | 7:30-8:30                      | 7:30-9:00     |                             |                 | 7:30-8:30                  |                   | 7:30-8:30              | 7:30-8:30     | 1:15 PM  | Ballet 1+2b               | Ballet 9-11        |
| 6:45 PM  | Modern-Jazz 5-6                | Academy 7-9 | Contemp 5-6                    | Ballet 10-11a |                             |                 | Ballet 10-11b              |                   | Contemp 7-9            | Ballet 10-11c | 1:30 PM  |                           |                    |
| 7:00 PM  |                                |             | Ms Ana                         |               |                             |                 | Ms Ana                     |                   | Ms Ana                 | Mr Carney     | 1:45 PM  | Miss Sarah                | Mr Carney          |
| 7:15 PM  | Miss Sarah                     | Mr Carney   | 8:30-9:30                      |               | Triumph III Ballet + Modern | Pointe C        |                            |                   | Ms Ana                 | Mr Carney     | 2:00 PM  | 2:00-3:00                 | 2:00-3:00          |
| 7:30 PM  | 7:30-8:30                      |             | Adult Ballet Int/Adv           | Mr Carney     |                             |                 |                            |                   |                        |               | 2:15 PM  | Youth Ballet I (ages 10+) | Academy Youth Co   |
| 7:45 PM  | Lyrical 7-11                   |             | Ms Ana                         |               |                             |                 |                            |                   |                        |               | 2:30 PM  |                           |                    |
| 8:00 PM  |                                |             |                                |               |                             |                 |                            |                   |                        |               | 2:45 PM  | Miss Sarah                | Mr Carney          |
| 8:15 PM  | Miss Sarah                     |             |                                |               |                             |                 |                            |                   |                        |               | 3:00 PM  |                           |                    |
| 8:30 PM  |                                |             |                                |               |                             |                 |                            |                   |                        |               | 3:15 PM  |                           |                    |
| 8:45 PM  |                                |             |                                |               |                             |                 |                            |                   |                        |               | 3:30 PM  |                           |                    |
| 9:00 PM  |                                |             |                                |               |                             |                 |                            |                   |                        |               | 3:45 PM  |                           |                    |
| 9:15 PM  |                                |             |                                |               |                             |                 |                            |                   |                        |               |          |                           |                    |
| 9:30 PM  |                                |             |                                |               |                             |                 |                            |                   |                        |               |          |                           |                    |