FVAD School Shows 2023

Hair, Make-up and Footwear

Dance Title	Class	Teacher	Hair	Tights/Socks	Footwear	Makeup (details below)
Heures	Ballet 7-9	Mr Carney	Low Ballet bun; middle part	Ballet pink tights	Pink ballet slippers	Senior Ballet make-up
Penguin Cha-Cha	Pre-School Dance	Miss Sarah	Ballet bun; Short hair: Neat, off face	Girls: Ballet pink tights Boys: black socks	Girls: Pink ballet slippers Boys: Black ballet slippers	None
The unBirthday Dance	Ballet 1 Fnd (Sat)	Miss Sarah	Ballet bun	Ballet pink tights	Pink ballet slippers	None
You'll be in my heart	Lyrical 4-6	Miss Sarah	Low Ballet bun; middle part	Beige tights (provided) (over ballet tights if quick-change)	Turning shoes	Junior Ballet make-up
Classical Jukebox	Ballet 1 Fnd (Mon)	Miss Sarah	Ballet bun	Ballet pink tights	Pink ballet slippers	None
Folly Variation (Coppelia)	Tasuki S	Ms Ana	Low Ballet bun; middle part	Ballet pink tights	Pink ballet slippers / Pointe Shoes	Senior Ballet make-up
You fooled me	National 3 (+Dom)	Ms Ana	Ballet bun; Short hair: Neat, off face	Girls: Ballet pink tights Boy: black socks	Girls: Pink ballet slippers Boy: Black jazz shoes	Junior Ballet make-up
Waltzing Cats	Ballet 1	Miss Sarah	Ballet bun	Ballet pink tights	Pink ballet slippers	None
Wondering	Lyrical 7-11	Miss Sarah	Low Ballet bun; middle part	Beige tights (provided)	Turning shoes	Senior Ballet make-up
Annen-Polka	Ballet 2	Miss Sarah	Ballet bun	Ballet pink tights	Pink ballet slippers	None
Exercice à la barre	Contemporary 5-6	Ms Ana	Low ponytail; middle part	Ballet pink tights	Pink ballet slippers	Junior Ballet make-up
Those who destroy the earth	Contemporary 10-11 (+Bea)	Ms Ana	Low ponytail; middle part	Black socks (over tights if quick change)	None	Senior Ballet make-up
INTERVAL 15 minutes						
Giselle (excerpts)	Senior Ballet (7-11)	Mr Carney	Low Ballet bun; middle part	Ballet pink tights	Pink ballet slippers / Pointe Shoes	Senior Ballet make-up
Clap Snap	Jazz 5-6	Miss Sarah	Low Ballet bun; middle part	Beige tights (provided) (over ballet tights if quick-change)	Black jazz shoes	Junior Ballet make-up
Chaiyya Chaiyya	National 4	Ms Ana	Low Ballet bun; middle part	Ballet pink tights	None; Tights rolled up	Junior Ballet make-up
Potter Waltz	Youth Ballet	Miss Sarah	Ballet bun	Ballet pink tights	Pink ballet slippers	Junior Ballet make-up
In a Shell	Modern 6-11	Ms Ana	Low Ballet bun; middle part	Ballet pink tights	None; Tights rolled up	Junior or Senior Ballet make-up
Esmeralda Variation	Alice Y	Ms Ana	Low Ballet bun; middle part	Ballet pink tights	Pink ballet slippers / Pointe Shoes	Senior Ballet make-up
He's a Pirate	Ballet 3 (+Kashya/Lila)	Ms Ana	Ballet bun (Kashya/Lila as for Ballet 4)	Ballet pink tights	Pink ballet slippers	Junior Ballet make-up
Jazz Waltz	Ballet 5-6	Mr Carney	Low Ballet bun; middle part	Ballet pink tights	Pink ballet slippers	Junior Ballet make-up
INTERVAL 15 minutes						
Etudes	Academy 5-11	Mr Carney	Low Ballet bun; middle part	Ballet pink tights	Pink ballet slippers	Junior or Senior Ballet make-up
Arena	Ballet 4	Ms Ana	Low Ballet bun; middle part	Ballet pink tights	Pink ballet slippers	Junior Ballet make-up
Wake me up	Pointe 5-8	Ms Ana	Low Ballet bun; middle part	Ballet pink tights	Pointe Shoes	Junior or Senior Ballet make-up
Spooky Playground	Modern 3-4	Ms Ana	As for Ballet 3 and Ballet 4	Ballet pink tights	None; Tights rolled up	Junior Ballet make-up
Tribute to Michael Jackson	Contemporary 7-9	Ms Ana	Low Ballet bun; middle part	Black socks (over tights if quick change)	None	Senior Ballet make-up

View our Performers Information post for a ballet bun how-to video.

BALLET BUNS:
Unless otherwise noted above, ballet buns can be middle or high buns.
   High buns start with a ponytail at the crown of the head.
   Middle buns start with a ponytail mid-back of the head.
   Low buns start with a ponytail near the base of the head, or mid-back of head if there is a lot of hair to wrap into a bun.
Buns with Middle part start with a center part at the front top of the head, and then pull back into a ponytail for the bun.

View our Performers Information post for Junior and Senior make-up instructions

Last updated: June 13, 2023