

Class Schedule 2022-23

Sep 2022 to Jun 2023

| | Monday | | Tuesday | | Wednesday | | Thursday | | Friday | | | Saturday | |
|---------|--------------|-------------|------------------|---------------|-----------------|-------------|-----------------|------------|------------------|---------------|----------|----------------|--------------|
| | Studio A | Studio B | Studio A | Studio B | Studio A | Studio B | Studio A | Studio B | Studio A | Studio B | | Studio A | Studio B |
| | Miss Sarah | Mr Carney | Miss Ana | Mr Carney | Miss Sarah | Miss Ana | Miss Ana | Mr Carney | Miss Ana | Mr Carney | | Miss Sarah | Miss Ana |
| | | | | | | | | | | | 9:00 AM | 9:00-10:00 | 9:00-10:00 |
| | | | | | | | | | | | 9:15 AM | Ballet Prep | Adult |
| | | | | | | | | | | | 9:30 AM | (Ages 4-5) | Dance Fit |
| | | | | | | | | | | | 9:45 AM | Miss Sarah | Ms Ana |
| | | | | | | | | | | | 10:00 AM | 10:00-11:00 | 10:00-11:00 |
| | | | | | | | | | | | 10:15 AM | Ballet 1-2b | Ballet 4b |
| | | | | | | | | | | | 10:30 AM | | |
| | | | | | | | | | | | 10:45 AM | Miss Sarah | Ms Ana |
| | | | | | | | | | | | 11:00 AM | 11:00-12:00 | 11:00-12:00 |
| | | | | | | | | | | | 11:15 AM | Ballet 1 Fnd | Conditioning |
| | | | | | | | | | | | 11:30 AM | (Ages 5-6) | B2-4 |
| | | | | | | | | | | | 11:45 AM | Miss Sarah | Ms Ana |
| | | | | | | | | | | | 12:00 PM | 12:00-1:00 | 12:00-1:00 |
| | | | | | | | | | | | 12:15 PM | Lyrical 4-6 | Ballet 3b |
| | | | | | | | | | | | 12:30 PM | | |
| | | | | | | | | | | | 12:45 PM | Miss Sarah | Ms Ana |
| | | | | | | | | | | | 1:00 PM | 1:00-2:00 | 1:00-2:00 |
| | | | | | | | | | | | 1:15 PM | Ballet 1+2b | Ballet 9-11 |
| | | | | | | | | | | | 1:30 PM | | |
| | | | | | | | | | | | 1:45 PM | Miss Sarah | Mr Carney |
| | | | | | | | | | | | 2:00 PM | 2:00-3:00 | 2:00-3:00 |
| | | | | | | | | | | | 2:15 PM | Youth Ballet I | Academy |
| | | | | | | | | | | | 2:30 PM | (ages 10+) | Youth Co |
| | | | | | | | | | | | 2:45 PM | Miss Sarah | Mr Carney |
| | | | | | | | | | | | 3:00 PM | 3:00-4:00 | |
| | | | | | | | | | | | 3:15 PM | Private | |
| | | | | | | | | | | | 3:30 PM | Lesson | |
| | | | | | | | | | | | 3:45 PM | Miss Ana | |
| 3:30 PM | 3:30-4:30 | | 3:30-4:30 | 3:30-4:30 | 3:30-4:30 | 3:30-4:30 | 3:30-4:30 | 3:30-4:30 | 3:30-4:30 | 3:30-4:30 | | | |
| 3:45 PM | Jazz 1-2 | | Modern | Academy 4 | Ballet Prep | Ballet 4a | Youth Ballet II | National 3 | | | | | |
| 4:00 PM | | 4:00-5:30 | 6-9 | | (Ages 4-5) | | (ages 12+) | | | | | | |
| 4:15 PM | Miss Sarah | Ballet 9-11 | Ms Ana | Mr Carney | Miss Sarah | Ms Ana | | Ms Ana | Private Mr C | | | | |
| 4:30 PM | 4:30-5:30 | | 4:30-5:30 | 4:30-5:30 | 4:30-5:30 | 4:30-5:30 | 4:30-5:30 | 4:30-5:30 | 4:30-5:30 | 4:30-5:30 | | | |
| 4:45 PM | Ballet 1+2a | | National 4 | Ballet 7-9 | Ballet 1-2a | Modern-Jazz | Ballet 5-6 | Ballet 7-8 | PBT Conditioning | Academy 3 | | | |
| 5:00 PM | | | Ms Ana | Mr Carney | Miss Sarah | 3-4 | Ms Ana | Mr Carney | B6-11 | | | | |
| 5:15 PM | Miss Sarah | Mr Carney | Ms Ana | Mr Carney | Miss Sarah | Ms Ana | Ms Ana | | Ms Ana | Mr Carney | | | |
| 5:30 PM | 5:30-6:30 | 5:30-6:30 | 5:30-6:30 | 5:30-6:30 | 5:30-6:30 | 5:30-6:30 | 5:30-6:30 | | 5:30-6:30 | 5:30-6:30 | | | |
| 5:45 PM | Ballet 1 Fnd | Academy 5-6 | Pointe B | Ballet 5-6 | Triumph I | Ballet 3a | Pointe A1 | | Pointe A2 | Ballet 7 | | | |
| 6:00 PM | (Ages 5-6) | | Ms Ana | Mr Carney | Ballet + Modern | Ms Ana | Ms Ana | | Ms Ana | Ms Ana | | | |
| 6:15 PM | Miss Sarah | Mr Carney | Ms Ana | Mr Carney | Miss Sarah | Ms Ana | Ms Ana | | Ms Ana | Ms Ana | | | |
| 6:30 PM | 6:30-7:30 | 6:30-7:30 | 6:30-7:30 | 6:30-7:30 | 6:30-7:45 | 6:30-8:00 | 6:30-7:30 | 6:30-7:30 | 6:30-7:30 | 6:30-7:30 | | | |
| 6:45 PM | Modern-Jazz | Academy 7-9 | PBT Conditioning | Ballet 10-11a | Triumph II | Ballet 8-10 | Modern 8-11 | Boys' I | Contemporary | Ballet 8-9 | | | |
| 7:00 PM | 5-6 | | B5-8 | | Ballet + Modern | Ms Ana | Ms Ana | Mr Carney | 10-11 | | | | |
| 7:15 PM | Miss Sarah | Mr Carney | Ms Ana | Mr Carney | Miss Sarah | Ms Ana | Ms Ana | | Ms Ana | Mr Carney | | | |
| 7:30 PM | 7:30-8:30 | | 7:30-8:30 | 7:30-8:30 | 7:45-9:00 | | 7:30-8:30 | | 7:30-8:30 | 7:30-8:30 | | | |
| 7:45 PM | Lyrical 7-11 | | Contemp 5-6 | Academy 10-11 | Triumph III | 8:00-9:00 | Ballet 10-11b | | Contemp 7-9 | Ballet 10-11c | | | |
| 8:00 PM | | | Ms Ana | Mr Carney | Ballet + Modern | Pointe C | Ms Ana | | Ms Ana | Mr Carney | | | |
| 8:15 PM | Miss Sarah | | 8:30-9:30 | | Miss Sarah | Ms Ana | 8:30-9:30 | | | | | | |
| 8:30 PM | | | Adult Ballet | | | | Pointe E | | | | | | |
| 8:45 PM | | | Int/Adv | | | | Ms Ana | | | | | | |
| 9:00 PM | | | Ms Ana | | | | | | | | | | |
| 9:15 PM | | | | | | | | | | | | | |
| 9:30 PM | | | | | | | | | | | | | |