

# HOW TO DO HAIR

We will have volunteers available to make proper ballet buns for those who are still learning. Please bring your own hair supplies, although we always have supplies available if you forget.

## Hair & Accessories per Role

Accessories are provided with your costume and secured to hair by backstage helpers

Role	Hair	Accessories*	Notes for Backstage Volunteers
Young Party Girls	Regular Ballet Bun	Hair bow to match dress	Fasten around the bun, bow at bottom.
Party Girls	Regular Ballet Bun *Low Bun if also in Russian	Hair bow to match dress	Fasten around the bun, bow at bottom.
Clara	Regular Ballet Bun	Ribbon to match dress	Fasten around the bun, bow at top.
Fritz	Neat, clean, off the face	None	Use gel to keep any loose hair in place.
Mice	Regular Ballet Bun Short Hair: Neat, off face	Grey Mouse Ears	Secure with bobby pins each side
Snow Queens	Regular Ballet Bun	Jewel Tall Tiaras	Secure with bobby pins
Snow	Regular Ballet Bun	Jewel Short Tiaras	Secure with bobby pins
Sugar Plum Fairy	Regular Ballet Bun	Pink Jewel Tiara	Secure with bobby pins
Maid	Regular Ballet Bun	Maid's hat	Secure with bobby pins
Ocean	Regular Ballet Bun *Low bun if also in Russian	Long light blue fabric strips on elastics	Attach around bun; knot underneath
Spanish	Regular Ballet Bun	Yellow Flower	Attach around bun; flower on right side
Candy Canes	Regular Ballet Bun	Matching Bow	Attach around bun; bow on top
Lead Candy Canes	Regular Ballet Bun	Large Bow	Attach around bun; bow on bottom
Arabian	Regular-Low Ballet Bun	Veil Headdress	Fix elastic with bobby pins. Elastic runs across forehead. Veil sits over bun.
Chinese	Regular Ballet Bun	Matching Ribbon Bow	Attach around bun; bow on bottom
Russian	Low Ballet Bun	Floral Headpiece with long ribbons	As crown with thick rope at bottom; secure at thin sides with crossed bobby pins
Smarties	Regular Ballet Bun	Matching Scrunchies	Elastic wraps around bun
Flowers	Regular Ballet Bun	Pink Flower	Flower on elastic at top right-side of bun.

To secure Accessories, crisscross two bobby pins at each side

## Making a ballet bun

- [How to Make a Ballet Bun](#)...watch this video for a quick and easy tutorial. 😊

Ballet Bun Types	Description
Regular Bun	Near the top of the back of your head.
Low Bun	Resting on the lower hairline.
High Bun	Higher than a regular bun, at the top of the back of your head usually to accommodate a hat or similar headpiece.

## What Do I Need?

- Hair Brush with nylon or natural bristles (close bristles)
- Large, covered Hair Elastic
- Nylon Hair Net
  - Nets matching hair colour is available at most drug stores and dollar stores.
- Thick Hair Pins (NOT bobby pins).
  - Hair pins (U-shape) are thicker and will grip more hair.
  - Bobby pins will slide out of your bun.
  - Bobby pins can be used to secure hair net and any loose pieces of hair that do not fit into the ponytail (for shorter hair).
- Hair Gel
- Hair Spray\*\* USE SPARINGLY IF NEEDED – **NO AEROSOLS** (We suffocate with the spray!!).

## How Do I Make the Bun?

This applies to any type of bun. Only the height of the ponytail (or bun) changes to make a Regular, Low or High bun. **Please avoid Hair Donuts or Bun Makers.**

1. Brush hair smooth and free of tangles.
2. Pull hair back neatly into a ponytail at the back of the head or higher, using a brush to avoid "lumps and bumps". A tidy ponytail with hair drawn snugly back is the key to making a good ballet bun. Placement of your ponytail determines placement of your bun. Regular ballet buns should be at the middle of the head or higher.
3. Secure ponytail tightly with hair elastic.
4. Use gel as needed to eliminate any "whisps" around the head, smoothing any remaining bumps of hair on the head.
5. Twist the ponytail as you gradually wrap it around the hair elastic, creating a tight, coiled circle, inserting hair pins as you wrap. Be sure that your hair pins contain hair from both the head and the ponytail. This will hold your bun close to your head. Be sure to use plenty of hair pins (12-16 on average). If you use Bunheads hair pins (for sale at the FVAD Shop), you'll need only a few pins.
6. The idea is to have your bun tightly coiled around your elastic and secured to your head.
7. Once you have created your bun, wrap your hair net around it as many times as it will allow for a snug fit.
8. Hold the hair net in place with a few extra bobby pins and gel any wisps that are remaining.
9. No Bangs please – pin or gel hair off the face.

## Parting or no Parting?

- No parting is usual for our performances. Brush or comb hair back from the forehead.
- It is important for performers to have the same look when in the same costume. Always ask your teacher or choreographer first, before making a decision about hair parting.
- A strong centre parting can be worn but only if all performers in a dance have the same.

## Short Hair

- Short hair must be secured away from the face.
- No hair may be hanging in the face.
- Please use bobby pins to secure any dangling strands of hair.



1. Gather Hair



2. Brush



3. Hair Band



4. Twist Hair



5. Coil Hair



6. Pin



7. Hairnet



8. Flatten (optional)



9. Headpiece if Desired



10. Finished (Backview)